



## Press release

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Wil, 28 October 2021

### **«Friendly Work Space» – health at the centre**

**Healthy and satisfied employees. This is much more than just a major concern of Camion Transport Ltd, it is a central issue. As the first transport and logistics company in Switzerland, the family-owned company carries the «Friendly Work Space» label since 2015. After the first recertification in 2018, the second successful reassessment recently took place, followed by the ceremonial awarding of the label in Bern on 26 October 2021.**

Prevention is better than cure. Camion Transport Ltd recognised this long before the initial assessment for the Health Promotion Switzerland quality seal. So the company was already a «Friendly Work Space» before the label even existed. «The certification was a logical step for us. There was a lot to be said for the award, such as social commitment, absence management with the possibility of doing lighter tasks and preventive health measures», explains Monika Friedl, Responsible Workplace Health Management (WHM) at Camion Transport Ltd.

All quality criteria must be fulfilled in the first assessment. Now, during the second reassessment, three out of nine subject areas were subject to an in-depth review. At Camion Transport Ltd, these were the overall WHM system, the measures and projects as well as early recognition and reintegration. One can quickly sense that the health of the employees is at the centre. This is what distinguishes the transport and logistics company.

Now the logistics specialist can carry the label for three more years until the next assessment. However, standing still is a foreign word. After all, workplace health management is based on a strategy. This needs to be developed further. Monika Friedl is pleased: «With a newly created internship position, health promotion projects will also get a boost.» The expansion of the team proves how important it is to Camion Transport Ltd to invest in health-preserving and secure jobs. Which is also a commitment in the company's mission statement.

### **Success stories – caring support**

Workplace health management has many facets and writes success stories, straight from life. «One of our long-time drivers suffered a serious head injury. We stayed in touch and accompanied him closely on his way back to work», says Monika Friedl and continues, «Today he is working 80 percent again, although no longer as a driver, but permanently in handling. He likes his new job very much, he feels in good hands there.» Of course, reintegration requires a lot of patience, both on the part of the employee and the employer. This success story proves that it is worth it.

The «Friendly Work Space» label has existed for twelve years, is very well established in some sectors and is known as a seal of quality. Not that much in the transport and logistics sector, as Monika Friedl confirms: «For frontliners, like the driving staff, it's still a neglected issue. Health Promotion Switzerland should invest more in educational work

specifically for these employees.» Brownie point to Camion Transport Ltd. With the label, the company is positioning itself as a responsible company. Health is a precious gift and cannot be taken for granted.

**Camion Transport Ltd** (CT) is one of the leading transport and logistics companies in Switzerland. An average of 7500 consignments and logistics orders are processed per day at the 14 locations. The family business employs 1400 people and operates a fleet of 610 vehicles. With the «Eco Balance by Camion Transport» programme, CT pursues environmentally friendly and sustainable corporate management. [www.camiontransport.ch](http://www.camiontransport.ch)

#### **Friendly Work Space ®**

The Friendly Work Space label is an award for organisations that successfully implement workplace health management. Award-winning organisations are systematically committed to health-promoting working conditions. Currently, 84 organisations have been awarded the Friendly Work Space label. 210'238 people in Switzerland work in organisations that carry the label. [www.friendlyworkspace.ch](http://www.friendlyworkspace.ch)

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